

PROFESSIONAL AND BUSINESS DIRECTORY OF LOMITA

HOME HOTEL

NEAREST HOTEL TO LOMITA OIL WELLS Rooms \$4.00 Per Week New Building, New Furniture Clean, Airy, and Sanitary CHAS. PROCISE, Prop. 919 Narbonne Ave. Lomita, Calif.

CIGARS AND TOBACCOS SOFT DRINKS Spend the Evening at LOMITA AMUSEMENT CLUB 1107 Narbonne Ave. G. P. WAGNER LOMITA, CALIF.

FRED STOCK LOMITA REDONDO HAY GRAIN FEED Coal Fuel Briquettes POULTRY SUPPLIES BABY CHICK FOOD

We Write INSURANCE In All Its Branches LIFE AUTO ACCIDENT FIRE L. J. HUNTER Lomita

"LET MYERS LOOK UNDER YOUR HOOD" An Old Garage Foreman TOWING SERVICE. We repair all makes of cars, by contract or by hour. A Ford Specialist at your service also. 1070 Narbonne Ave. Lomita MYERS' GARAGE

SURVEYING AND MAPPING Lot Surveys—Acreage Subdivided—Maps, Tracings and Blueprints made on short notice FRANK D. HINSDALE, Civil Engineer 3028 Miller Ave., Lomita, Cal.

F. P. POWERS Dry Cleaning Co. 1103 Narbonne Lomita Phone 340 CLEANING PRESSING DYEING REPAIRING "They look like new when we're thru" We Call and Deliver

Smith & Trotter 2510 Redondo Blvd. SOUTH LOMITA LET US FIX THAT CAR EXPERT WORKMANSHIP FAIR PRICES

COY F. FARQUHAR HARBOR CITY Grading Contractor and Teaming Also House Moving Office Phone 108-W Res. Phone 108-J

LOMITA MEAT MARKET "It's a Pleasure To Buy There" That's what we want every customer to say of our Meat Shop. We strive to make it the most sanitary shop with the best variety of the best meats at the most reasonable prices of any in the entire United States. Fresh Fish Wednesday, Thursday and Friday. Fresh Oysters Every Day. H.F. Schmidt, Prop.

In Your Specifications do you write grade of lumber? Do you check it up when it comes? You may write in any grade you wish, and if you get the lumber from us, you need not check it up, for we have a reputation for following orders and living up to contract. It saves time for both of us. LOMITA LUMBER & SUPPLY CO. LOMITA, CALIF. Phone Lomita 39 2723 Weston St.

WIFE SAVERS By Mrs. Mary Morton

When shaving soap for your washing machine or boiler try using a small saw cutter. It is easily cleaned and the soap dissolves as quickly as soap chips.

People who have been put on a strict diet usually find that while they may look upon it as a misfortune at first and get and give themselves a good deal of sympathy, it is really not so difficult to become accustomed to it. Very often certain of the regulations enforced by a strict diet are retained out of preference, even after the dieter no longer requires the diet. People who have had to give up meats for a time on a diet seldom go back to their former amount of meat consumption. If you have been obliged to give up sugar, you may find it mighty difficult to begin with, because the sugar habit is one of the strongest, but even when you may go back to your old ways you will find that out of preference you will continue leaving it off from most foods. And this goes to show that there is nothing very inherent about most food tastes. They are largely a matter of training and less a matter of individual peculiarity than most of us suppose.

Beef Loaf.—Mix one and one-half pounds of chopped beef from the bottom of the round with one-half pound of chopped pork steak, six crushed common crackers, two teaspoons of poultry seasoning and one egg beaten and diluted with one cup of milk. Turn into an oblong pan sprinkled with diced fat pork, but two or three slices of the pork over the top, and bake about two hours.

Don't throw away your celery tops. When roasting meat, place them around it. It not only gives the meat a nice flavor, but the

gravy is delicious. A delicious cream soup may also be made from the celery tops and tough stalks.

Rice Waffles.—Add to one cup of warm boiled rice one cup of sweet milk, one-half teaspoon of salt, the yolks of two eggs well beaten, one tablespoon of melted butter, and lastly the whites of the two eggs, beaten stiffly. Then add enough flour to make a thin batter. Cook in a waffle iron.

The average householder is spending 47 per cent more to set his table now than in pre-war times, it is shown by the latest price investigation completed by the United States department of labor. The investigation covered all the principal cities of the United States and deals with prices of common articles of food in retail or neighboring stores as they stood during February. At the same time the department conducted a nation-wide investigation of prices of food in wholesale markets. These prices were shown to average 43 per cent above the pre-war level.

Nut and Raisin Sandwiches.—Butter thin slices of whole wheat bread, cover with crisp lettuce leaf and spread with a nut and raisin mixture that has been run through the meat chopper and moistened with mayonnaise.

Sugared Prunes.—Soak prunes overnight in sufficient water to cover. Let simmer in the oven until the water is almost evaporated. Drain prunes and roll in sugar, either powdered or granulated. Cook enough for two meals, using the syrup over prunes for one meal and sugared for another.

George OUR BOY REPORTER

Fare and warmer. It's time to commence to begin to get ready to peel off now because its spring. Easter's April 20th so I guess lotsa people will go to church. To see what there naber's have got on my father sed, jim dash

Mister and Mrs. Ed Kelly had a dandy party down to there house wich was 5 hunderd and bridge also. Then they had woffles to eat. Woffles are non-skid pan cakes. Mister Charles Ray wood of got the prize he sed if he din't keep thinkin about the eats all the time. Dorothy went also, jim dash

Mrs. Mary Hall's been down to Hardware Reeve's place all week shone girl's and marrid lady's how to cook with a kick in it. She's goin to be there till tomorrow nite when they close up so if you want to turn sum new rinkles for your husband to eat she will tell you free for nothin. jim dash

Mrs. E. B. Shriver and Mrs. Frank Jordan was down to Mister Clark's for eat's wich is a minister and his wife. Fren'd's of the family's I gess, jim dash

Mister and Mrs. Ben Hannebrink was down to Gardens for cats to Mrs. Wm. Boehler's wich is sistor to her so I spose she will have them over here pretty soon to pay back visits, jim dash

Pauline's sellin out her lady's close and thing's like that because Mister Kelly want's the room for his bizness wich is men's close. So then she can stay home and cook better eat's so they won't haff to eat in restrunts and go home nite's all cranky and dumbled up with indigestshun and thing's like that. Cum wun and cum all and get sum of Mrs. Kelly's close for Easter cheep, jim dash

My mother got 5 bundles of sparrer grass down to Mister Paige's because that was cheep. My fother likes sparrer grass and its good for you also. It was only 15 cents a pound and most of it was green so you din't pay for a lot of white wich you can't eat, jim dash

Mrs. Ada Robbins is got convulesant's now wich has been sick and I mother to Doctor Maude Chambers. I gess she will be all rite and out agen pretty soon because when you get convulesant's you don't have it very long, jim dash

Laura May Hyde wich is daughter to Mister and Mrs. Carl Hyde was in a concert down to L. Angles and dun wonderful on the peanner. She plays dandy. With both hands. My fother he got wun of the peanner's you play with your feet and when my mother's sore at him about sumthin he jers goes in and plays and plays and plays till my mother goes to bed after supper and then he sneek's to bed also, jim dash

Mrs. M. L. May was down to L. Angles to sum club wich study's histry and things like that. She's takin a post mortum course in histry the cheef sed he gessed, jim dash

Calvin Overdeer's gone up to Stock-

TORRANCE NOTES

Mr. and Mrs. J. Lepkin of Sartori street spent Sunday at Long Beach.

Mr. and Mrs. J. R. Perry spent Sunday at Monrovia with Mr. and Mrs. George W. Smithers.

J. M. Fitzhugh of Arlington avenue is in San Francisco this week on business connected with the Columbia Steel corporation.

ton to stay till he get's tired of it up there because it get's awful hot in the middle of the day in the middle of the summer, my unkle sed, thirty

HIS PRESCRIPTIONS FILLED FAITHFULLY Your health is a paramount consideration. The family physician may depend upon our filling his PRESCRIPTIONS with utmost care and efficiency. SINCERITY PURITY is our policy in drugs. We offer excellent service, moderate prices, and, what is more, pure drugs. The Rexall Store DOLLEY DRUG COMPANY Phone 10 TORRANCE

WHY SAVE First, to have a competence on hand to guard against disaster in earning capacity and to have funds ready for emergencies. Second, to be able to take advantage of opportunity offered in good investments—which often present themselves but once. Third, to form the good habit of thrift and economy. Start an account with us today. We pay 4% on Savings. State Bank of Lomita Lomita California

IS YOUR CAR RUNNING WELL? IF IT IS, FINE! IF NOT, WE'RE HERE TO FIND OUT JUST WHY IT WON'T We Stand Ready to Prove This Assertion Any Time. JOE'S GARAGE 1170 Narbonne—In Brick Building Phone Lomita 245-W Lomita

THE WINCHESTER STORE WE BUY AND SELL SECOND-HAND FURNITURE LEWIS RIPPLE 1919 Carson S., Torrance

BUILDING You Should SAVE Systematically Form the systematic saving habit. Make a deposit with us at regular intervals and watch your equity grow. It will make you independent. It's the best way, and the easiest. TORRANCE MUTUAL BUILDING & LOAN ASSN. Torrance First National Bank Bldg. California LOAN

Our Lumber Recommended! When you are having a home built have your contractor secure the lumber from us. Then you will be sure of getting material that is properly seasoned and is the proper grade for the purpose it is to be used. HAYNES LUMBER CO. 1752 Border, Just off Carson Torrance

VALVE-IN-HEAD Buick MOTOR CARS The car you will eventually buy—why not now? "When better cars are built, Buick will build them." Buick Sales and Service 1316 Cabrillo J. A. Phillips Torrance

CLASSIFIED ADVERTISING IN THIS PAPER IS READ ALL OVER LOS ANGELES COUNTY